

SELECTIVE DISCIPLINE

for 4st year students of the Faculty of Dentistry

2020-2021 academic year

Name of subject	BODY-ORIENTED PSYCHOTHERAPY
Department	Psychology and philosophy
Teachers	PhD Viktoria Osypenko PhD, Associate Professor Olesia Pavliuk
Brief description of the scope of the subject	<p>The purpose of the discipline is awareness of the deep relationship between body and mind, the formation system of knowledge and skills on ecological attitude to own psychological health which is a necessary capability of future medical professionals.</p> <p>Course objectives:</p> <ul style="list-style-type: none"> – to form knowledge in basic theoretical propositions and empirical research of body-oriented psychology; – acquaintance with the main approaches and methods of body-oriented psychotherapy; – awareness of the deep relationship between body and mind, the formation of knowledge and skills of ecological attitude to own psychological health. <p>Learning outcomes: to operate in professional activity with knowledge of the of the relationship between body and mind; analyze and evaluate events and processes in own life; set priorities and personal goals, learn from one’s own experience and the experience of others; apply in practice the development and implementation of programs and procedures for the selection of personnel; to implement knowledge and skills on ecological attitude to own psychological health; to implement the basic categories and concepts of body-oriented psychology in dentist’s practice; to organize group work on the basis of knowledge of processes of group dynamics and principles of team formation.</p> <p>After studying the course, the student should know:</p> <ul style="list-style-type: none"> – basic theoretical principles of body-oriented psychology; – approaches and methods of body-oriented psychology; – features of the relationship between the human body and psyche. <p>After studying the course, the student should be able to:</p> <ul style="list-style-type: none"> – empathetically interact, enter into communication, be tolerant of people with other cultural or gender-age characteristics; – demonstrate socially responsible and conscious behavior, follow humanistic and democratic values; – ability to ensure compliance with ethical standards of relations in the organization; – demonstrate a responsible attitude to professional self-improvement, training and self-development.
Provision of general and professional competence	<p>General competencies: GC1. Ability to abstract thinking, analysis and synthesis.</p>

	<p>GC2. Knowing and understanding of the subject area and understanding of professional activity.</p> <p>GC 3 Ability to apply knowledge in practice.</p> <p>GC 4. Ability to communicate in the state language both orally and in writing; ability to communicate in a second language.</p> <p>GC5. Skills in the use of information and communication technologies.</p> <p>GC7. Ability to search, process and analyze information from various sources.</p> <p>GC8. Ability to adapt and act in a new situation.</p> <p>GC9. Ability to identify and solve problems.</p> <p>GC10. Ability to work in a team.</p> <p>GC11. Interpersonal skills.</p> <p>GC12. Ability to act on the basis of ethical considerations (motives).</p> <p>GC13. Safe activities skills.</p> <p><u>Professional competencies:</u></p> <p>PC1. Collection of medical information about the patient's condition.</p> <p>PC2. Evaluation of laboratory and instrumental research results.</p> <p>PC3. Establishing a clinical diagnosis of dental disease.</p> <p>PC5. Planning and implementation of measures for the prevention of dental diseases.</p> <p>PC8. Determination of tactics of dental patient with somatic pathology.</p> <p>PC9. Performing medical and dental manipulations.</p> <p>PC11. Organization of medical and evacuation measures.</p> <p>PC12. Defining tactics and providing emergency medical care.</p> <p>PC14. Assessment of the impact of the environment on the health of the population (individual, family, population).</p>
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