

SELECTIVE DISCIPLINE

for 1st year students of the Faculty of Dentistry

2020-2021 academic year

Discipline	MENTAL HEALTH
Department	Psychology and philosophy
Teachers	PhD Viktoria Osypenko PhD, Associate Professor Olesia Pavliuk
Brief description of the scope of the subject	<p>Goals of the discipline are - to give students an idea of the general concept of human health, the concept of mental health disorders and their factors, main characteristics of lifestyle and factors of forming a healthy lifestyle, introduces the features of the problems which are related to lifestyle, main types of psychohygiene, health factors, forms the ability to apply knowledge of human health psychology in professional activities, identify the features of the impact on the psychological health of socio-economic, socio-political, environmental and biosocial factors, identify individual psychological differences depending on individual lifestyle and the presence of disease, analyze the descriptors and determinants of mental health for the implementation of psychohygiene and psychoprophylaxis, which are important elements in the training and professional activities of the specialist.</p> <p>Course objectives are:</p> <ul style="list-style-type: none"> - Acquirement the system of knowledge of medical and social foundations of mental health - Formation of the clinical world and adopting a series of medical and psychological skills, which are important elements in the training and future activities of doctor - Formation of a special vision of the psychology of a healthy personality, psychology of a healthy lifestyle, disorders of psychological health, medical and social foundations of the problems of a sick person - Mastering the ability to effectively structure and organization of the system of interpersonal interaction doctor-patient - Mastering the ability to analyze different kinds of psychosocial and medical and social situations in the life of the patient - Understanding the most effective methods of influencing the personality of a patient and his relatives - Understanding of psychohygiene - Development skills of practical implementation of skills and methods of psychohygiene - Development of skills of research work of students, persistence and activity in mastering of bases of the future profession <p>Learning outcomes: effectively formulate conclusions; explain to professionals, patients and their families and planned communication strategy in professional activities; establish appropriate professional connections to achieve results; establish appropriate connections/links to achieve goals; use information and communication technologies in</p>

professional activities; establish interpersonal relationships to ensure quality execution of tasks; establish appropriate links to achieve the goals; use communication strategies and interpersonal skills; to convey one's own public position; establish interpersonal relationships to effectively deal with the tasks and duties; establish appropriate relationships to achieve a positive result.

After studying the course, students should know:

- analytical methods for the analysis and application of acquired knowledge
- the scope of their responsibilities and ways to deal with the tasks
- methods of evaluating quality indicators
- communication tactics, laws and ways of communicative behavior
- methods and strategies of communication, their civil rights and responsibilities
- rights, responsibilities and ways of how to deal with the tasks

After studying the course, students should be able to:

- solve those professional tasks that arise in professional activities that require constant updates
- to carry out professional activities that require constant updating and integration of knowledge
- analyze information, formulate their own opinion and make informed decisions
- use information and communication technologies in the professional field, which requires updating and integration of knowledge
- define tasks and be persistent and conscientious in the realization of duties
- qualitatively deal with the tasks
- choose communication methods and strategies to ensure effective teamwork
- to form their civic consciousness and act accordingly
- define the goal and strategy of further development, be persistent and honest in the realization of duties
- apply knowledge to lead a healthy lifestyle and adapt to new circumstances and (including conflict) situations.

<p>Providing general and professional competencies</p>	<p>GC1. Ability to abstract thinking, analysis and synthesis. GC2. Knowing and understanding of the subject area and understanding of professional activity. GC 3 Ability to apply knowledge in practice. GC 4. Ability to communicate in the state language both orally and in writing; ability to communicate in a second language. GC5. Skills in the use of information and communication technologies. GC7. Ability to search, process and analyze information from various sources. GC8. Ability to adapt and act in a new situation. GC9. Ability to identify and solve problems. GC10. Ability to work in a team. GC11. Interpersonal skills. GC12. Ability to act on the basis of ethical considerations (motives). GC13. Safe activities skills. PC1. Collection of medical information about the patient's condition. PC2. Evaluation of laboratory and instrumental research results. PC3. Establishing a clinical diagnosis of dental disease. PC5. Planning and implementation of measures for the prevention of dental diseases. PC8. Determination of tactics of dental patient with somatic pathology. PC9. Performing medical and dental manipulations. PC11. Organization of medical and evacuation measures. PC12. Defining tactics and providing emergency medical care. PC14. Assessment of the impact of the environment on the health of the population (individual, family, population).</p>
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