

Brief description of the elective discipline (abstract)

Fundamentals of psychology

(name of elective course)

Speciality	Medicine
Educational level	master
Year of study (course)	2 year
Form of education	full-time form of education
Department	psychology and philosophy

Summary of the subject:

The purpose of the course is – formation of students' knowledge, awareness and understanding about the patterns of mental activity and individual psychological properties of personality; understanding of the main determinants of personality formation, development and behavior; mastering the basic laws of interpersonal communication; developing skills to understand others, which are based on knowledge of mental processes and rules of effective communication; developing the skills to convey one's opinion and persuade others; formation of students' communicative qualities.

Course objectives:

- to operate with the basic terms and concepts of psychology;
- to apply/use theoretical knowledge of psychology in everyday life;
- to form a complete system of psychological knowledge for students;
- to form a complete system of knowledge and skills for using psychodiagnostic;
- to operate with the psychological knowledge about a person for the analysis of specific life situations;
- to make appropriate decisions in situations that require psychological knowledge;
- analysis of the causes of communication difficulties;
- to form the ability of students to use the psychological knowledge of the course in future professional activities.

Learning outcomes: to offer own ways of solving psychological problems and problems in the process of professional activity; to make and argue own decisions and solutions; to formulate an opinion logically, accessible, to discuss, to defend one's own position; to demonstrate leadership qualities; to be responsible for professional self-improvement, training and self-development; to know and understand the ethical principles of a doctor's professional activity; to diagnose emotional states and personality traits; to distinguish the age psychological characteristics of the individual; to regulate professional communication system with understanding peculiarities of age and individual psychological characteristics; to make a psychological influence to individual in professional communication; to explain the specifics of mental, cognitive and emotional-volitional processes and justify their importance in personal life and doctor's activity.

After studying the course, the student should **know**:

- cognitive processes: sensation, perception, memory, thinking, language, attention, imagination;
- the essence of personality development, it's structure;
- individual psychological traits of personality (temperament, character, abilities);
- features and structure of the emotional and volitional sphere of personality;

- types and methods of adaptation, behavior in a new situation;
- the essence and patterns of personality development;
- the essence of the relationship;
- structure of relationships in a small social group;
- communication and relationship development in ontogenesis;
- communication tactics and strategies, laws and ways of effective communication behavior.

After studying the course, the student should **be able to:**

- be stream-oriented in psychological literature, self-study and analyze scientific literature;
- apply theoretical knowledge in practice, use psychological research methods of interpersonal relationships in the group;
- establish effective interpersonal interaction.
- distinguish the individual characteristics of mental processes;
- diagnose emotional states and personality traits;
- distinguish the age psychological characteristics of the individual;
- regulate professional communication system with understanding peculiarities of age and individual psychological characteristics;
- make a psychological influence to individual in professional communication;
- explain the specifics of mental, cognitive and emotional-volitional processes and justify their importance in personal life and professional activities;
- participate in scientific discussions, demonstrating both scientific knowledge and own position;
- observe, analyze, summarize and systematize psychological facts, assess the behavior and social actions of individuals;
 - determine the level, adequacy and stability of self-esteem.

Approximate list of lecture and seminar topics:

1. Psychology as a science.
2. Characteristics of the cognitive sphere of personality. Sensation and perception as cognitive processes.
3. Memory as a cognitive process.
3. Cognitive processes of attention and imagination
4. Thinking as cognitive process.
5. Emotions and feelings. Characteristics of the emotional and volitional sphere of personality.
6. Characteristics of individual-typological personality traits.
7. Medical psychology

The list of competencies, the acquisition of which will be provided by the discipline.

General competencies:

- GC1. Ability to abstract thinking, analysis and synthesis, the ability to learn and be modernly trained.
- GC2. Ability to apply knowledge in practical situations
- GC3. Knowledge and understanding of the subject area and understanding of professional activity
- GC4. Ability to adapt and act in a new situation
- GC5. Ability to make an informed decision; work in a team; interpersonal skills
- GC6. Ability to communicate in the state language both orally and in writing; ability to communicate in a foreign language
- GC7. Skills in the use of information and communication technologies
- GC8. Definiteness and perseverance in terms of tasks and responsibilities
- GC9. The ability to act socially responsibly and consciously
- GC10. The desire to preserve the environment.

Special (professional) competencies:

- SC1. Skills of interviewing and clinical examination of the patient

SC4. Ability to determine the required mode of work and rest in the treatment of diseases.

SC13. Ability to carry out sanitary, hygienic and preventive measures.

SC19. Ability to assess the impact of the environment, socio-economic and biological determinants on the health of the individual, family, population

The list of scientific and pedagogical employees who will ensure the conduct of the discipline:

PhD **Viktoria Osypenko**

PhD, Associate Professor **Olesia Pavliuk**