до Положення про порядок та умови обрання здобувачами вищої освіти вибіркових навчальних дисциплін у Вищому державному навчальному закладі України «Буковинський державний медичний університет»

## **Brief description of the elective discipline (abstract)**

## **Training of communicative competence of a doctor**

(name of elective course)

Speciality	Medicine
Educational level	master
Year of study (course)	4 year
Form of education	full-time form of education
Department	psychology and philosophy

## **Summary of the subject:**

The purpose of the course is to promote students' awareness of the importance of effective professional communication and the formation of basic professional communication skills.

#### **Course objectives:**

- to develop professional communication skills and abilities of a doctor.
- analyze the verbal and nonverbal means of communication of the doctor;
- formation of adequate self-esteem, stress-resistant personal resources;
- formation of constructive life skills and behavioral strategies;
- analyze the causes of communication difficulties;
- development of empathic communication;
- to consider the features of disharmonious relations;
- development of emotional intelligence;
- development of constructive behavior in conflict situations;
- development of communicative competence of cooperation in the team;
- development of self-analysis and reflection;
- to develop confidence in communicating with a "difficult interlocutor";
- to develop skills of managing one's emotional state and behavior, skills of joint activities;
- to develop skills of obtaining primary information about the interlocutor;
- development of skills to determine one's own position in difficult situations, awareness of the reasons for choosing one's own model of behavior in various situations;
- to get acquaintance with typical difficult situations in the interaction of doctor and patient their analysis and solution.
- to determine the place of business communication as an important component of forming the culture of a modern doctor.

#### After studying the course, the student should **know:**

- principles of communication;
- ethical requirements and norms of business relations;
- rules of conversation;
- active listening techniques;
- tactics and strategies of communication, laws and ways of communicative behavior.
- features of verbal and nonverbal means of communication;
- influence of emotions on communication;
- types of conflicts and their solution.

After studying the course, students should be able to:

- conduct a conversation with the patient;
- possess the techniques of active listening;
- control mental states and overcome psychological barriers;
- understand the individual psychological characteristics of patients;
- apply psychological methods and techniques for different conditions of the patient;
- show compassion (empathy) to the patient for his illness;
- listen and give advice to the patient;
- analyze all components of one's activities and oneself as individual.
- have methods of psychological research of interpersonal relations in the team;
- diagnose emotional states and personality traits;
- regulate communication in the professional system taking into account age and individual psychological characteristics;
- to exert psychological influence on the person within the limits of professional communication;
- engage in scientific discussions, demonstrating both scientific knowledge and one's own position;
- determine the level, adequacy and stability of self-esteem.

# Approximate list of lecture and seminar topics:

- 1. The main characteristics of communication.
- 2. Diagnosis of communication skills.
- 3. Training "Body language: nonverbal communication".
- 4. Training "Difficulties and barriers to communication".
- 5. Training of perceptual-reflexive skills (perception, understanding, feedback).
- 6. Training of emotional intelligence development.
- 7. Conflict resolution training.
- 8. Business communication training.
- 9. Training "Fundamentals of effective leadership".

# The list of competencies, the acquisition of which will be provided by the discipline. General competencies:

- GC1. Ability to abstract thinking, analysis and synthesis, the ability to learn and be modernly trained.
  - GC2. Ability to apply knowledge in practical situations
- GC3. Knowledge and understanding of the subject area and understanding of professional activity
  - GC4. Ability to adapt and act in a new situation
  - GC5. Ability to make an informed decision; work in a team; interpersonal skills
- GC6. Ability to communicate in the state language both orally and in writing; ability to communicate in a foreign language
  - GC7. Skills in the use of information and communication technologies
  - GC8. Definiteness and perseverance in terms of tasks and responsibilities
  - GC9. The ability to act socially responsibly and consciously
  - GC10. The desire to preserve the environment.

### **Special (professional) competencies:**

- SC1. Skills of interviewing and clinical examination of the patient
- SC4. Ability to determine the required mode of work and rest in the treatment of diseases.
- SC13. Ability to carry out sanitary, hygienic and preventive measures.
- SC19. Ability to assess the impact of the environment, socio-economic and biological determinants on the health of the individual, family, population

# The list of scientific and pedagogical employees who will ensure the conduct of the discipline:

PhD, Associate Professor Olesia Pavliuk

PhD Viktoria Osypenko