

Brief description of the elective discipline (abstract)

«Family psychology»

(name of elective course)

Speciality	Medicine
Educational level	master
Year of study (course)	5 year
Form of education	full-time form of education
Department	psychology and philosophy

Summary of the subject:

The purpose of the discipline is to reveal the psychological features of the modern family, the objective and subjective conditions of its development, the role of the family in the socialization of the personality of the future specialist.

Objectives:

- to identify, analyze and explain mental phenomena, identify psychological problems and suggest ways to solve them within the discipline;
- to follow a certain scientific approach in the study of the family;
- to find out the specifics of internal and external determinants that motivate the family to a certain lifestyle;
- to be guided in scientific ideas about normative and non-normative crises of the family, critically analyze them;
- to diagnose and correct marital relations on the basis of available reliable theoretical information;
- use the advantages of certain methods of research of marital relations;
- take into account the internal potential of the family and forecast its prospects.

Learning outcomes: demonstrate an understanding of the patterns and features of development and functioning of the modern family in the context of professional tasks; reflect and critically evaluate the validity of the acquired knowledge; use the acquired knowledge in practice.

After studying the course, the student should **know**:

- subject, object and tasks of the discipline;
- methodology of socio-psychological research of marital and family relations;
- forms of organization of marital and family relations in the historical context;
- features of the functional-role structure of family relations;
- family life cycle and dynamics of family relations;
- styles and mistakes in raising children in the family;
- causes of family and marital conflicts, concepts and forms of destabilization of family relations;
- basic forms and methods of psychological assistance to dysfunctional families (spouses, parents, children);

After studying the course, students should **be able to**:

- independently study and analyze scientific literature;
- distinguish between conflict, crisis and problem families;
- distinguish between dysfunctional and functionally incapable families;

- identify the level of psychological health of the family;
- to carry out diagnostic and educational work with the family;
- conduct educational conversations / trainings with high school students, parents on the problems of preparation for family life, prevention and elimination of conflict situations in the family, upbringing and development of the child in the family;
- provide recommendations to family members in order to improve the psychological microclimate in the family, help meet the needs and harmonious development of family members.

Approximate list of lecture and seminar topics:

1. Object, subject and tasks of psychology of marital and family relations.
2. The process and methods of socio-psychological research of family and marriage relations.
3. Forms of organization of marital and family relations in the historical context.
4. Trends in the development of alternative forms of marital and family relations at the present stage.
5. Functional-role structure of family relations.
6. Violation of the structure and functioning of the family system.
7. Dynamics of marital and family relations.
8. The specifics of family and marital conflict. Analysis of the causes of conflicts in marriage and family.
9. Concepts and forms of disintegration of family relations.
10. Ways to prevent destabilizing phenomena in marital and family relationships.

The list of competencies, the acquisition of which will be provided by the discipline.

General competencies:

- GC1. Ability to abstract thinking, analysis and synthesis, the ability to learn and be modernly trained.
 GC2. Ability to apply knowledge in practical situations
 GC3. Knowledge and understanding of the subject area and understanding of professional activity
 GC4. Ability to adapt and act in a new situation
 GC5. Ability to make an informed decision; work in a team; interpersonal skills
 GC6. Ability to communicate in the state language both orally and in writing; ability to communicate in a foreign language
 GC7. Skills in the use of information and communication technologies
 GC8. Definiteness and perseverance in terms of tasks and responsibilities
 GC9. The ability to act socially responsibly and consciously

Special (professional) competencies:

- SC1. Skills of interviewing and clinical examination of the patient
 SC4. Ability to determine the required mode of work and rest in the treatment of diseases
 SC6. Ability to determine the principles and nature of disease treatment
 SC18. Ability to conduct epidemiological and medical-statistical studies of public health; processing of state, social, economic and medical information.
 SC19. Ability to assess the impact of the environment, socio-economic and biological determinants on the health of the individual, family, population
 SC20. Ability to analyze the activities of a doctor, department, health care institution, to take measures to ensure the quality of medical care and improve the efficiency of medical resources
 SC21. Ability to conduct activities for the organization and integration of medical care and marketing of medical services

The list of scientific and pedagogical employees who will ensure the conduct of the discipline:

PhD, Associate Professor **Olesia Pavliuk**
 PhD **Viktoria Osypenko**