

Appendix 1  
to the Regulation on the procedure and conditions  
for selection by students of higher education  
of selective academic disciplines  
at the Bukovinian State Medical University

**Brief description of the academic discipline (abstract) for the catalog of  
elective academic disciplines**

**"Training course on family planning in the format of preparation for  
OSP(C)E - 1"**

<b>Specialty</b>	222 "Medicine"
<b>Educational level</b>	second (master's) level
<b>Term of study (course)</b>	4th course
<b>Form of education</b>	full-time
<b>Department</b>	Obstetrics, Gynecology and Perinatology

**Brief content of the discipline:**

The discipline "Training course on family planning in the format of preparation for OSP(C)E - 1" includes the acquisition of theoretical and practical knowledge, skills, and abilities in family planning.

The assimilation of theoretical material is accompanied by the acquisition of relevant general and professional competences. The student will be able to: assess the patient and the medical criteria for the acceptance of the contraceptive method; family planning counseling; selection of a modern method of contraception for different categories of the population.

Studying the selective discipline "Training course on family planning in the format of preparation for OSP(C)E - 1" will allow the student to acquire the skills of collecting a special obstetric and gynecological anamnesis, which will make it possible to achieve professional learning outcomes according to the educational and professional program:

R 5. Collect complaints, life and disease history, evaluate the psychomotor and physical development of the patient, the state of organs and systems of the body, based on the results of laboratory and instrumental studies, evaluate information about the diagnosis (according to list 4), taking into account the patient's age.

R 12. Provide counseling on family planning and selection of a contraceptive method.

90 hours of 3.0 ECTS credits are allocated to the study of the academic discipline.

**The structure of the academic discipline**

The structure of the academic discipline	Number of hours, of them				Type of control
	Total	Auditory		IWS	
		Lectures	Practical classes		
Hours/ ECTS credits	90 hours / 3.0 ECTS credits	-	20	70	test

**Approximate list of subjects of educational classes (practical, IWS):**

1. Thematic plan of practical classes

№	Topic name	Number of hours
1.	Physiology of fertilization. Family planning counseling. Evaluation of the patient and the medical criteria for the acceptance of the contraceptive method. Patient examination plan before choosing a contraceptive method.	5
2.	Fertility recognition methods. Types of hormonal contraception. Features of contraception for different age groups and certain categories of the population.	5
3.	Emergency contraception. Intrauterine contraception. Barrier methods of contraception. Prevention of STIs.	5
4.	Voluntary surgical sterilization. Postpartum (lactational amenorrhea method) and postabortion contraception. Test.	5
	<b>Total:</b>	<b>20</b>

2. Thematic plan of the IWS

№	Topic name	Number of hours
1.	Physiology of fertilization. Family planning counseling. Evaluation of the patient and the medical criteria for the acceptance of the contraceptive method. Patient examination plan before choosing a contraceptive method.	30
2.	Fertility recognition methods. Types of hormonal contraception. Features of contraception for different age groups and certain categories of the population.	15
3.	Emergency contraception. Intrauterine contraception. Barrier methods of contraception. Prevention of STIs.	15
4.	Voluntary surgical sterilization. Postpartum (lactational amenorrhea method) and postabortion contraception. Test.	10
	<b>Total:</b>	<b>70</b>

**The list of competencies, the acquisition of which will be provided by the educational discipline:**

**General - GC1-GC10:**

GC1 – Ability to abstract thinking, analysis and synthesis, ability to learn and be modernly educated.

GC2 – Ability to apply knowledge in practical situations.

GC3 – Knowledge and understanding of the subject area and understanding of professional activity.

GC4 – Ability to adapt and act in a new situation.

GC5 - Ability to make a reasoned decision; work in a team; interpersonal skills.

GC6 - Ability to communicate in the state language both orally and in writing; the ability to communicate in a foreign language.

GC7 - Skills of using information and communication technologies.

GC8 - Determination and perseverance regarding the assigned tasks and assumed responsibilities.

GC9 - Ability to act socially responsibly and consciously.

GC10 - Striving to preserve the environment.

**Special (professional):**

1. SC1 – Skills of questioning and clinical examination of the patient.

2. SC12 – Family planning counseling skills and contraceptive method selection.

3. SC24 - Adherence to ethical principles when working with patients.

**The list of scientific and pedagogical workers who will provide the educational discipline:**

1. Doctor of Medicine, Professor Kravchenko O.V.

2. Ph.D., associate professor Yasnikovska S.M.

3. Ph.D. Goshovska A.V.

4. Ph.D. Pecheriaha S.V.

Head of the Department of Obstetrics,  
Gynecology and Perinatology,  
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